



SPOTACULAR

1

Register

Sign up as a participant for runPudsey to start raising money and receive your medal. Taking part with a sibling, no problem! You will be able to sign up more than one person during the registration process (please note you will only receive one fundraising page for everyone you sign up to take part).

2

Share your Fundraising Page

Download our helpful resources and share your page. Get as much sponsorship as possible to help young people across the UK.

3

Stay in touch

Talk to your school to ensure you are aware of when and how they are participating with the challenge.

4

Run your challenge

Take part in the challenge that the school has set and remember to share it with your supporter. Use the hashtag #runpudsey23 so Pudsey Bear can see everything you have been up to.

5

Get your medals

The runPudsey team will calculate the correct number of medals for each school and send them directly to them. (Please note that medals will be sent to the school so that they can hold a celebration of achievement, and medals cannot be sent to individual homes.)